



Acknowledge/Assumption of Risk & Release

I _____, specifically RELEASE and DISCHARGE, in advance, Chadwick's Fitness & Performance Training facility and any of its employees or agents from any liability for any personal injury, whether known or unknown, even though that liability may arise out of negligence or carelessness on the part of persons or entities released. I agree to accept all responsibility for the risks, conditions and hazards of the gym/health club, and I hereby AGREE TO WAIVE, RELEASE AND DISCHARGE any and all claims for damages for the death or personal injury that may occur to me as a result of any participation in the Chadwick's Fitness & Performance Training facility.

This waiver and release of liability includes, without limitation, all injuries which may occur as a result of (a) your use of all amenities and equipment in the facility and your participation in any activity, class, program, personal training, or instruction; (b) the sudden and/or unforeseen malfunctioning of any equipment; (c) our instruction, training, supervision, or dietary recommendations and (d) your slipping and/or falling while in the facility/club, or on the facility/club premises, including adjacent sidewalks and parking areas.

If any portion of this release from liability shall be deemed by a Court of competent jurisdiction to be invalid, then the remainder of this release from liability shall remain in full force and effect and the offending provision or provisions severed here from.

Print Name

Signature

Date

By signing the Acknowledgement and Assumption of Risk & Release as Parent/Guardian, I am consenting to the minor's participation in the health club and acknowledge that I understand that any and all risk of injury, whether known or unknown, is expressly waived in advance, and I agree to the terms set out above.

Print Name (Legal Guardian)

Legal Guardian Signature (if under 18 years old)

Date