

Founders-

Harvey Martin- Harvey continues to establish himself as one of the most well rounded young coaches in baseball. He is the full time pitching coordinator for MASH Baseball, but he is also currently on the coaching staff for Augsburg University as well as a scout for the Milwaukee Brewers organization. Harvey graduated with his masters in sports performance from Minnesota State and has been a difference maker for the mental mindset for both youth and professional athletes. Harvey is the co-creator of The MindStrong Project which focuses on identifying and developing excellent habits. MASH has implemented seminars throughout their select team programs that help athletes reach new levels of success both on and off the field thanks to MindStrong.

David Fischer- Fischer is currently playing professional hockey in Austria. A former Gopher, Dave played hockey at the University of Minnesota and was a 1st Round draft pick with the Montreal Canadiens in the National Hockey League. Named the 2006 Minnesota Mr. Hockey from Apple Valley, MN, he brings a tremendous amount of passion and love to our group. Dave is featured on a majority of our podcasts and during his offseason he does a lot of coaching in the hockey community with our philosophies and programs.

Our Ambassadors-

Brian Peters- A current Houston Texan who just entered his fourth year in the National Football League. Brian has one of the best stories in sport as an underdog throughout his entire career being with Northwestern University. He has spent time in the Arena Leagues and Canadian League before being put on the practice squad for the Minnesota Vikings in 2015. He has since been playing for the Texans and was just elected as a team captain for this upcoming season. Brian is also one of our leadership coaches and spends a lot his time working with multiple charities and speaking across the country on his personal journey and how to develop grit.

Darleen Santore- Coach Dar spent last season coaching with the Phoenix Suns as their Mental Edge Coach and is very involved within all four of the major sports (NFL, NHL, MLB, NBA). She is a much sought-after motivational speaker who has inspired thousands as her dedication and passion is to helping others “Level-Up” and “Raise the Bar”. Second to none; she will be launching a book in 2019 and we look forward to sharing it with you.

James van Riemsdyk- A current Philadelphia Flyer who entered the National Hockey League in 2009. JVR is a former 2nd overall pick in the 2007 NHL draft. James brings an extreme curiosity and different perspective to our team. James masters the role of our experimenter where he is constantly chasing every edge and learning how to enhance human performance. He spends his off-seasons working with Mindstrong and is a direct source on what he feels is working and not working to reach peak performance both mentally and physically.

Our Influencers-

Dr. John Thoma- Owner at Infinity Spine Center in Scottsdale, Arizona. Currently, Dr. Thoma is completing postdoctoral work at the Carrick Institute in Clinical and Functional Neurology. Before going to chiropractic school, Dr. Thoma was a wellness and performance coach that included performance

training and lifestyle coaching for professional athletes with both the NFL and NHL, as well as, college athletes. Dr. Thoma brings a high level of knowledge and experience to our content and we look forward to introducing his work.

Dave Williams-Dave just finished this last year with the Cleveland Indians as one of their Mental Performance Coaches. Previously, he spent 3 years as a Mental Performance Coach for the U.S. Army Drill Sergeants and Basic Combat Trainees at Ft. Jackson, South Carolina. Dave holds a Master's Degree in Sport & Exercise Psychology and because of his mentoring efforts on the Ft. Berthold Indian Reservation was notably invited to the White House to meet President Obama and help kick off National Mentoring Month.

Brian Mackenzie-Author of New York Bestseller "Unbreakable Runner". Brian is a world renowned strength and conditioning expert and Co-Founder of many companies within the Human Performance world. He has guided numerous Olympians, CrossFit and has been featured in Men's Journal, ESPN Rise, Runners World, The Economists and New York Times Bestseller Tim Ferris's "The Four Hour Body" He is one of the creators of Art of Breath which has driven much our knowledge within The MindStrong Project. He and his team bring a high level of intelligence and inspiration to the development of the human experience.